

Rebecca's Little Survivors Foundation

FOR IMMEDIATE RELEASE

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The 3rd Annual Little Survivor's Overnight Mini Camp a division of Rebecca's Little Survivors Foundation

A FREE two-day mini camp supporting children who've endured grief and loss, through outdoor exploration, fitness, literacy, and the arts!

STATEN ISLAND, New York (August 8, 2019) — In just eight short days, 30 children from NYC and across the country will gather at the beautiful Fort Wadsworth in Staten Island, NY for a two day camping experience that will change their lives. This is no ordinary camp though, and these are no ordinary children either. In its third year, what brings these extraordinary children together is a shared love... and a lost love. These children, ages 5-19, have experienced the loss of a family member or close friend, and are learning to cope through their grief.

The Little Survivor's Mini Camp connects these children to amazing individuals, professionals, and non-profit organizations from NY, Atlanta, and LA - from athletes and authors to actors, musicians, dancers, educators, doctors, and clinical therapists. This year, we are pleased to announce the National Park Service is providing a total of 40 sleeping bags and tents for our unique camping experience. We provide our mini campers with unique and specialized coping tools and resiliency skills to allow the children to heal, and remind them that despite life's challenges, they can still 'win at life'! The overnight camp will be held on Friday and Saturday, August 16th and 17th, on the beautiful grounds of the 226-acre Fort Wadsworth State Park in Staten Island, NY. High quality programming and workshops will include fitness, literacy, music, dance, theater, filmmaking, photography, obstacle courses, bonfires, s'mores, and more!

The Executive Director of Rebecca's Little Survivors Foundation, Ms. Jennifer Jennings, is extremely passionate about supporting youth through their grief and loss, as she lost her own mother as a teenager. It was not until the tragic death of her fiancé, however, that left the single mother tasked to launch The Little Survivor's Mini Camp. What started as a personal letter of encouragement to her then 6 month old son, turned into a published children's book that has been shared internationally to help other children cope through

their loss. This book, Asa's Little Army of Survivors, is the premise of which the camp was built. It is important that more grieving children have the opportunity and support to cope with the trauma of loss. As an excerpt from her book states, "Know there's an army of supporters, an army of fighters who want to see you win. You're in the Little Army of Survivors."

The Little Survivors Mini Camp is supported, in part, by New York State Senator Diane Savino, New York State Assemblyman Charles Fall and New York City Councilwoman Debi Rose. Rebecca's Little Survivors Foundation relies on the support from individual donors from New York City and around the world who believes in this work and the transformational impact it has on grieving children, their families and their communities.

To learn more about The Little Survivors Mini Camp, registration, and how you can donate, visit <http://www.rebeccaslittlesurvivorsfoundation.org>.

**For additional information
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